

**HOLISTIC LIVING GROUP**

**2014 DATES – Red Room @ Galloways Society for the Blind,  
Howick House, Howick Park Ave, Penwortham PR1 0LS**

*Please bring yoga mat. Refreshers HLC1 HLC2 £1.00 & Master Refreshers HLC3 £2.00*

<b>HLG Refreshers</b>		
Sunday 11 <sup>th</sup> May 14	3.00pm – 6.00pm	<b>HLG AGM</b>
Sunday 22 <sup>nd</sup> June 14	3.00pm – 6.00pm	
<b>Saturday 12<sup>th</sup> July 14</b>	<b>7.30pm – 9.30pm</b>	<b>Guru Poornima - Galloways</b>
Sunday 24 <sup>th</sup> August 14	3.00pm – 6.00pm	
Sunday 14 <sup>th</sup> September 14	3.00pm – 6.00pm	
Sunday 12 <sup>th</sup> October 14	3.00pm – 6.00pm	
Sunday 16 <sup>th</sup> November 14	3.00pm – 6.00pm	
<b>HLC1 COURSE-new dates</b>		
WK1		
Friday 28 <sup>th</sup> Nov 2014	6.30pm – 10.30pm	
Saturday 29 <sup>th</sup> Nov 2014	4.00pm – 8.00pm	
Sunday 30 <sup>th</sup> Nov 2014	4.00pm – 8.00pm	
WK2		
Friday 5 <sup>th</sup> Dec 2014	6.30pm – 10.30pm	
Saturday 6 <sup>th</sup> Dec 2014	4.00pm – 8.00pm	
Sunday 7 <sup>th</sup> Dec 2014	4.00pm – 10.00pm	
WK3		
Friday 12 <sup>th</sup> Dec 2014	6.30pm – 11.30pm	
Saturday 13 <sup>th</sup> Dec 2014	4.00pm – 10.00pm	
Sunday 14 <sup>th</sup> Dec 2014	10.00am – 2.00pm	
<b>HLC2 new dates</b>		
Friday 8 <sup>th</sup> , Sat 9 <sup>th</sup> , Sun 10 <sup>th</sup> May 2015		
<b>HLC3</b>		
Friday 29 <sup>th</sup> Sat 30 <sup>th</sup> , Sun 31 <sup>st</sup> Aug 2014		
<b>Conference</b>		
An Holistic Approach to Health & Well being	Friday 11 <sup>th</sup> April 2014	University of Bolton
<b>Health Melas</b>		Volunteering Reiki Taster sessions
Bolton Health Mela	Saturday 15 <sup>th</sup> March 2014	
Preston Health Mela	Saturday 3 <sup>rd</sup> May 2014	
Bradford Health Mela	Saturday 17 <sup>th</sup> May 2014	
Leyland Health Mela	13 <sup>th</sup> Sept 2014	
Fleetwood Health Mela	Tba Oct 2014	